

# Thyroid Scan

A thyroid scan checks your thyroid gland for problems. The thyroid gland is located in your neck. It speeds up or slows down most body functions. You will be asked to swallow a pill that contains a small amount of radioactive iodine for this test. There are no side effects from taking this pill.

This test has 3 parts. You will be given 3 appointment times. **Arrive on time for each part of the test.**

**If you have any allergies to medicines, foods or other things, tell the staff before the test.**

If you are breastfeeding, pregnant or think you might be, tell the staff before the scan. For women of childbearing years, a pregnancy test is done before the scan.

## To Prepare

- **Do not** take multi-vitamins that contain iodine for 4 weeks before the test.
- If you are taking thyroid medicine, ask your doctor when you need to stop taking it before the test.
- **Do not** eat or drink anything, including water, after midnight before the test and for 2 hours after you take the pill.
- Ask your doctor if you should take your medicines the day of the test. If so, take with sips of water only.

# 甲狀腺掃描

甲狀腺掃描是爲了檢查您的甲狀腺有無問題。甲狀腺位於頸部，它加速或減慢大部份的身體功能。您必須爲這次檢查吞服一顆含少量放射性碘的藥丸。服用此藥丸無副作用。

檢查分 3 部份。您將得到 3 次約診。每一部份的檢查您都要準時到達。

如果您對任何藥物、食物或其他物質過敏，請在檢查前告訴醫療人員。

如果您哺乳、已懷孕或認爲您可能已懷孕，請在掃描之前告知醫療人員。育齡女性掃描之前要做妊娠測試。

## 準備工作

- 在檢查之前的 4 個星期，請勿服用含碘的綜合維他命。
- 如果您正在服用甲狀腺藥物，請詢問您的醫生，瞭解您應當在測試之前何時停止服藥。
- 在檢查之前的午夜之後以及您服用藥丸之後的 2 小時，不要吃喝任何東西，包括水。
- 向您的醫生詢問測試當日是否應當服用您的藥物。如該服用，僅喝一點點水送服。

## **Your Appointments**

### **Part One:**

Your test is at \_\_\_\_\_ morning/afternoon  
Time

on \_\_\_\_\_, 20\_\_\_\_\_.  
Month Day Year

You are told about the test and given a pill to swallow.

### **Part Two**

Your test is at \_\_\_\_\_ morning/afternoon  
Time

on \_\_\_\_\_, 20\_\_\_\_\_.  
Month Day Year

About 6 hours later, you return to have a small blood sample taken from your arm to measure the amount of radioactivity in your thyroid gland. You may wait at home between parts one and two.

### **Part Three**

Your test is at \_\_\_\_\_ morning/afternoon  
Time

on \_\_\_\_\_, 20\_\_\_\_\_.  
Month Day Year

## 您的約診

### **第一部份：**

您的測試是在\_\_\_\_\_上午/下午  
時間

在\_\_\_\_\_，20\_\_\_\_。  
月 日 年

有人將向您解釋檢查事項並給您要吞服的藥丸。

### **第二部份**

您的測試是在\_\_\_\_\_上午/下午  
時間

在\_\_\_\_\_，20\_\_\_\_。  
月 日 年

大約 6 小時之後，您返回檢查處，由醫療人員從您的臂部抽取少量血樣，用於測量您甲狀腺中的放射能數量。在第一部份和第二部份的診訪之間，您可在家裡等候。

### **第三部份**

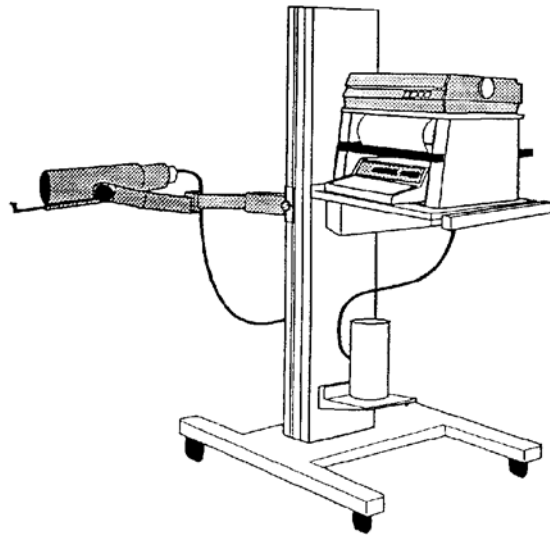
您的測試是在\_\_\_\_\_上午/下午  
時間

在\_\_\_\_\_，20\_\_\_\_。  
月 日 年

The next day, you have blood taken again. A scan of your thyroid gland is done. You will lie down for the scan. This takes about 1 hour.

Test results are sent to your doctor. Your doctor will share the results with you.

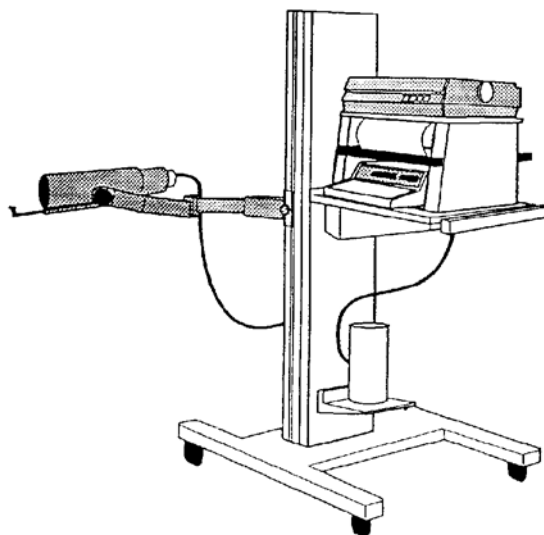
**Talk to your doctor or nurse if you have any questions or concerns.**



第二天，您要再抽一次血。此時，將對您的甲狀腺進行掃描。掃描時您要躺下。大約需要 1 個小時。

檢查結果會送給您的醫生。您的醫生將告知您結果。

如果您有任何疑問或關注事項，請告知您的醫生或護士。



#### 2005 – 2/2011 Health Information Translations

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Thyroid Scan. Traditional Chinese.