

# Ulcerative Colitis

Ulcerative colitis is a bowel disease. The cause is not known. The inner lining of the colon, also called the large intestine, becomes irritated or inflamed. Tiny sores or ulcers form. This often starts in the lower part of the colon and can spread.

## Signs

You may have some or all of these signs:

- Stomach pain
- Diarrhea
- Bleeding in stool or from the rectum
- Fatigue
- Loss of appetite
- Weight loss
- Loss of body fluids, also called dehydration

## Your Care

Your doctor will check you and order tests. These tests may include:

- A stool sample to test for blood.
- A barium enema to see an x-ray picture of the colon.
- A test to look at the inside of the rectum and colon. Sometimes a tissue sample, called a biopsy, is taken to be checked in the lab.

# 궤양성 대장염

궤양성 대장염은 대장에 생기는 질환입니다. 그 원인은 아직 알려져 있지 않습니다. 대장(큰창자) 안 표면에 염증이 생기거나 붓게 됩니다. 작은 상처 또는 궤양이 생깁니다. 주로 대장의 하위 부분에서 생기기 시작하여 퍼집니다.

## 증상

아래와 같은 증상 중 일부 또는 모두를 경험할 수 있습니다:

- 복통
- 설사
- 대변에 피가 섞이거나 항문에서 출혈
- 피로감
- 식욕 감소
- 체중 감소
- 체액 감소 (탈수현상)

## 관리 방법

의사가 검진 후 병리 검사를 의뢰할 것입니다. 병리 검사의 종류:

- 대변에 섞인 피 검사를 위한 대변 채취.
- 대장의 엑스레이를 찍기 위하여 바륨 관장.
- 항문과 대장 안을 들여다 보는 검사. 병리 검사를 위해 조직 채취 (조직검사라고도 함).

Your treatment may include:

- Medicines to control colon inflammation
- Surgery

**Talk to your doctor or nurse if you have any questions or concerns.**

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치료 방법으로:

- 대장의 염증을 완화하는 약
- 수술

질문이나 문제가 있으면 의사나 간호사와 상담하십시오.

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Ulcerative Colitis. Korean.