

# Ulcerative Colitis

Ulcerative colitis is a bowel disease. The cause is not known. The inner lining of the colon, also called the large intestine, becomes irritated or inflamed. Tiny sores or ulcers form. This often starts in the lower part of the colon and can spread.

## Signs

You may have some or all of these signs:

- Stomach pain
- Diarrhea
- Bleeding in stool or from the rectum
- Fatigue
- Loss of appetite
- Weight loss
- Loss of body fluids, also called dehydration

## Your Care

Your doctor will check you and order tests. These tests may include:

- A stool sample to test for blood.
- A barium enema to see an x-ray picture of the colon.
- A test to look at the inside of the rectum and colon. Sometimes a tissue sample, called a biopsy, is taken to be checked in the lab.

# Colitis ulcerativa

La colitis ulcerativa es una enfermedad del intestino de causa desconocida. Las paredes internas del colon, llamado también intestino grueso, se irritan o inflaman, y se forman pequeñas heridas o úlceras. Con frecuencia esto comienza en la parte inferior del colon y puede propagarse.

## Signos

Puede que tenga alguno o todos estos signos:

- dolor de estómago;
- diarrea;
- sangrado en las deposiciones o del recto;
- fatiga;
- pérdida del apetito;
- pérdida de peso;
- pérdida de líquidos corporales, también llamada deshidratación.

## Cuidados

Su médico lo revisará y ordenará exámenes. Estos exámenes pueden incluir:

- Una muestra de deposiciones para comprobar si tienen sangre.
- Un enema de bario para obtener una radiografía del colon.
- Un examen para mirar dentro de su recto y colon. A veces, se extrae una muestra de tejido, llamada biopsia, para examinarla en el laboratorio.

Your treatment may include:

- Medicines to control colon inflammation
- Surgery

**Talk to your doctor or nurse if you have any questions or concerns.**

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Su tratamiento puede incluir:

- medicamentos para controlar la inflamación del colon;
- cirugía.

**Hable con su médico o enfermera si tiene alguna pregunta o duda.**

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Ulcerative Colitis. Spanish.