

Ulcerative Colitis

Ulcerative colitis is a bowel disease. The cause is not known. The inner lining of the colon, also called the large intestine, becomes irritated or inflamed. Tiny sores or ulcers form. This often starts in the lower part of the colon and can spread.

Signs

You may have some or all of these signs:

- Stomach pain
- Diarrhea
- Bleeding in stool or from the rectum
- Fatigue
- Loss of appetite
- Weight loss
- Loss of body fluids, also called dehydration

Your Care

Your doctor will check you and order tests. These tests may include:

- A stool sample to test for blood.
- A barium enema to see an x-ray picture of the colon.
- A test to look at the inside of the rectum and colon. Sometimes a tissue sample, called a biopsy, is taken to be checked in the lab.

潰瘍性結腸炎

潰瘍性結腸炎是一種腸道疾病。原因尚不清楚。結腸（也稱為大腸）的內壁發生不適或發炎，形成小處潰瘍。這經常從結腸底部開始並可散佈。

症狀

您可能有以下某些或所有症狀：

- 胃痛
- 腹瀉
- 大便帶血或直腸出血
- 疲乏
- 失去食慾
- 體重減輕
- 體液流失，也稱脫水

醫療護理

醫生將對您進行身體檢查以及一些測試檢查。這些檢查可能包括：

- 大便取樣，用於檢查是否帶血。
- 鋇灌腸劑，以進行結腸 x 光照片檢查。
- 查看直腸和結腸內部的檢查。有時要進行組織取樣，稱為切片檢查，用於化驗檢查。

Your treatment may include:

- Medicines to control colon inflammation
- Surgery

Talk to your doctor or nurse if you have any questions or concerns.

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您的治療可能包括：

- 控制結腸炎的藥物
- 手術

如果您有任何疑問或關注事項，請告知您的醫生或護士。

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Ulcerative Colitis. Traditional Chinese.