

Ultrasound in Pregnancy

An ultrasound is a test that uses sound waves to look at your baby, the uterus and the placenta. You will be able to hear your baby's heartbeat and pictures will be seen on the screen. An ultrasound is not an x-ray and does not cause pain. This test takes about 20 minutes and will be done in your doctor's office or clinic.

An ultrasound is used to:

- Check the baby's due date.
- Check the baby's growth and weight.
- See if there is more than one baby.
- Look for signs of birth defects. If it shows that there might be a birth defect, other tests will be done.
- Look for causes of bleeding or other problems.
- Check the baby's position late in pregnancy.

Although the baby's genital area may be seen, ultrasounds are not done to find the baby's sex. You will be asked if you want to know the sex of the baby if an ultrasound is done. Ultrasound does not always show the sex of a baby.

To Prepare

- You may be asked to drink 1 to 2 glasses of water before the test so your bladder is full. If so, do not urinate until after the test.

妊娠の超音波検査

超音波検査は、音波を使って胎児、子宮、胎盤の様子を調べます。胎児の心拍を聞いたり、画面で画像を観察することができます。超音波は X 線写真ではなく、また痛みもありません。検査には 20 分ほどかかります。主治医の診察室か、または診療所内で行われます。

超音波検査は以下のような目的で行われます。

- 出産予定日の確認。
- 胎児の成長と体重の確認。
- 多胎でないかどうかの確認。
- 先天性異常の兆候の確認。先天性異常の疑いがあれば、さらに別の検査を行います。
- 出血など異常の原因を調べる。
- 妊娠後期の胎児の位置確認。

胎児の性器が見えることもありますが、超音波検査は性別を調べるためのものではありません。超音波検査のときに、胎児の性別を知りたいかどうか尋ねられます。超音波検査で胎児の性別がわからないこともあります。

準備

- この検査を行う際に、水を 1～2 杯飲んで膀胱をいっぱいするように指示される場合があります。その場合、検査終了までトイレに行かないでください。

During the Test

- You will lie on a table with your stomach uncovered.
- Warm gel is put on your skin. A wand is moved across the gel to take pictures.
- You will be able to see the pictures on the screen.
- The staff will talk to you about the pictures.

Talk to the staff if you have any questions or concerns.

検査中

- 腹部を出した状態で診察台の上に仰向けになります。
- 温かいゼリーを皮膚に塗ります。 スキャナをゼリーの上で動かして写真を撮ります。
- 画面で画像を見ることができます。
- 職員が画像について説明します。

質問や不明な事項については職員にご相談ください。

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