

Ultrasound in Pregnancy

An ultrasound is a test that uses sound waves to look at your baby, the uterus and the placenta. You will be able to hear your baby's heartbeat and pictures will be seen on the screen. An ultrasound is not an x-ray and does not cause pain. This test takes about 20 minutes and will be done in your doctor's office or clinic.

An ultrasound is used to:

- Check the baby's due date.
- Check the baby's growth and weight.
- See if there is more than one baby.
- Look for signs of birth defects. If it shows that there might be a birth defect, other tests will be done.
- Look for causes of bleeding or other problems.
- Check the baby's position late in pregnancy.

Although the baby's genital area may be seen, ultrasounds are not done to find the baby's sex. You will be asked if you want to know the sex of the baby if an ultrasound is done. Ultrasound does not always show the sex of a baby.

To Prepare

- You may be asked to drink 1 to 2 glasses of water before the test so your bladder is full. If so, do not urinate until after the test.

孕期超音波檢查

超音波利用音波對您的寶寶、子宮和胎盤進行檢查。您將能夠聽到寶寶的心跳，並在螢幕上看到圖像。超音波檢查並非 X 光檢查，不造成疼痛。這一檢查約需 20 分鐘，並在您醫生的辦公室或診所進行。

超音波檢查用於：

- 檢查寶寶的預產期。
- 檢查寶寶的生長情況和體重。
- 確定是否有多個寶寶。
- 探查任何先天性缺陷症狀。如果檢查顯示可能有先天性缺陷，則將進行其他測試。
- 探查出血或其他問題的原因。
- 檢查寶寶在母親懷孕晚期的位置。

超音波檢查雖然能夠看到寶寶的生殖器官，但其目的並非確定寶寶的性別。如果進行超音波檢查，醫護人員會問您是否希望瞭解寶寶的性別。超音波檢查並不總是顯示寶寶的性別。

準備工作

檢查前可能要求您喝 1 至 2 杯水，以使膀胱漲滿。如果要求您喝水，則檢查結束前不要小便。

During the Test

- You will lie on a table with your stomach uncovered.
- Warm gel is put on your skin. A wand is moved across the gel to take pictures.
- You will be able to see the pictures on the screen.
- The staff will talk to you about the pictures.

Talk to the staff if you have any questions or concerns.

測試期間

- 您將躺在一張臺上，露出腹部。
- 醫護人員將暖凝膠塗在您的皮膚上，並將超聲棒在凝膠上移動以攝影。
- 您將能夠在螢幕上看到圖像。
- 醫療人員將與您討論圖像。

如果您有任何疑問或疑慮，請與醫療人員討論。

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Ultrasound in Pregnancy. Traditional Chinese.