

# When Should I Call My Baby's Doctor?

**Call 911** if your baby turns blue or has trouble breathing.

**Call your baby's doctor** if your baby has any of the following:

- Cries non-stop for several hours or is more irritable and soothing does not stop crying
- A temperature above 100.4 degrees Fahrenheit checked under the arm for babies older than 2 months, or rectally for babies less than 2 months of age.
- Frequent discharge from the eyes
- A hard time breathing
- Yellowing or rash on the skin that gets worse
- Redness, discharge or a foul smell from a healing umbilical cord or circumcision area
- Breastfeeding less often or taking less formula for more than 8 hours
- Green vomit or vomiting after more than 2 feedings in a row
- Hard to wake up
- Fewer than 6 to 8 wet diapers in 24 hours
- Change in stool patterns, constipation or diarrhea
- Cough that will not go away, especially if there is a rash
- Poor muscle control or baby feels floppy when held
- Convulsions or seizures

# 何时应致电宝宝的医生？

如果宝宝脸色发青或呼吸困难，请致电 911。

如果宝宝出现以下情况，请致电宝宝的医生：

- 不停啼哭数小时或变得更加急躁，安抚也无法使婴儿停止啼哭。
- 2 个月以上的宝宝的腋下（或 2 个月以内宝宝的直肠）温度超过 100.4 华氏度。
- 眼睛经常有分泌物。
- 呼吸困难。
- 皮肤发黄或出疹的情况更加严重。
- 正在愈合的脐带或包皮环割区发红、有流出物或有腐臭味。
- 吃母乳的次数减少或配方奶量减少，时间持续超过 8 小时。
- 呕出绿色呕吐物，或连续 2 次以上喂奶后呕吐。
- 嗜睡。
- 24 小时内更换的尿片数量少于 6 至 8 片。
- 大便规律有变化、便秘或腹泻。
- 久咳不好，尤其是伴有皮疹时。
- 抱起宝宝时感到很松软或肌肉无力。
- 抽搐或癫痫发作。

If you have any concerns about your baby's health, call your baby's doctor, family doctor or health clinic. Never be shy about calling the doctor's office. Often talking to your baby's doctor or nurse will help you decide if your baby needs medical care. When you call the doctor, have written down:

- What is wrong with your baby and when the signs started
- Your baby's temperature
- Any allergies your baby has to food, medicine or environment
- The name and phone number of your pharmacy

Keep a paper and pen nearby to write down the doctor's instructions.

如果您对宝宝的健康有任何担心，请致电宝宝的医生、家庭医生或诊所。切勿羞于致电医生办公室。询问宝宝的医生或护士往往有助于您决定宝宝是否需要医护服务。致电医生之前，应写下：

- 宝宝有何症状以及何时开始出现症状
- 宝宝的体温
- 所有可导致宝宝过敏的食物、药物或环境
- 您使用的药店名称和电话号码

身边放一张纸和一支笔，记下医嘱。

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When Should I Call My Baby's Doctor? Simplified Chinese.