When Should I Call My Baby’s Doctor?

Call 911 if your baby turns blue or has trouble breathing.

Call your baby’s doctor if your baby has any of the following:

- Cries non-stop for several hours or is more irritable and soothing does not stop crying
- A temperature above 100.4 degrees Fahrenheit checked under the arm for babies older than 2 months, or rectally for babies less than 2 months of age.
- Frequent discharge from the eyes
- A hard time breathing
- Yellowing or rash on the skin that gets worse
- Redness, discharge or a foul smell from a healing umbilical cord or circumcision area
- Breastfeeding less often or taking less formula for more than 8 hours
- Green vomit or vomiting after more than 2 feedings in a row
- Hard to wake up
- Fewer than 6 to 8 wet diapers in 24 hours
- Change in stool patterns, constipation or diarrhea
- Cough that will not go away, especially if there is a rash
- Poor muscle control or baby feels floppy when held
- Convulsions or seizures
何時應致電寶寶的醫生？

如果寶寶臉色發青或呼吸困難，請致電 911。

如果寶寶出現以下情況，請致電寶寶的醫生：

- 不停啼哭數小時或變得更加急躁，安撫也無法使寶寶停止啼哭。
- 2 個月以上的寶寶，腋下溫度超過華氏 100.4 度，或對 2 個月以內的寶寶進行直腸給藥。
- 眼睛內經常有分泌物。
- 呼吸困難。
- 皮膚發黃或出疹的情況更加嚴重。
- 正在癒合的臍帶或包皮環割區發紅、有流出物或有腐臭味。
- 吃母乳的次數減少或者配方奶量減少，時間持續超過 8 小時。
- 噁出綠色嘔吐物，或連續 2 次以上餵奶後嘔吐。
- 嗜睡。
- 24 小時內更換的尿片數量少於 6 至 8 片。
- 排便次數或習慣變化、便秘、腹瀉。
- 久咳不癒，尤其是伴有皮疹時。
- 抱起寶寶時感到很鬆軟或肌肉無力。
- 驚厥或抽搐。
If you have any concerns about your baby’s health, call your baby’s doctor, family
doctor or health clinic. Never be shy about calling the doctor’s office. Often talking
to your baby’s doctor or nurse will help you decide if your baby needs medical
care. When you call the doctor, have written down:

- What is wrong with your baby and when the signs started
- Your baby’s temperature
- Any allergies your baby has to food, medicine or environment
- The name and phone number of your pharmacy

Keep a paper and pen nearby to write down the doctor’s instructions.
如果您對寶寶的健康有任何擔心，請致電寶寶的醫生、家庭醫生或診所。切勿羞於致電醫生辦公室。詢問寶寶的醫生或護士往往有助於您決定寶寶是否需要醫護服務。致電醫生之前，應寫下：

- 寶寶有何症狀以及何時開始出現症狀
- 寶寶的體溫
- 所有可導致寶寶過敏的食物、藥物或環境
- 您使用的藥店名稱和電話號碼

身邊放一張紙和一支筆，記下醫囑。