

# When Should I Call My Baby's Doctor?

**Call 911** if your baby turns blue or has trouble breathing.

**Call your baby's doctor** if your baby has any of the following:

- Cries non-stop for several hours or is more irritable and soothing does not stop crying
- A temperature above 100.4 degrees Fahrenheit checked under the arm for babies older than 2 months, or rectally for babies less than 2 months of age.
- Frequent discharge from the eyes
- A hard time breathing
- Yellowing or rash on the skin that gets worse
- Redness, discharge or a foul smell from a healing umbilical cord or circumcision area
- Breastfeeding less often or taking less formula for more than 8 hours
- Green vomit or vomiting after more than 2 feedings in a row
- Hard to wake up
- Fewer than 6 to 8 wet diapers in 24 hours
- Change in stool patterns, constipation or diarrhea
- Cough that will not go away, especially if there is a rash
- Poor muscle control or baby feels floppy when held
- Convulsions or seizures

# 언제 아기의 의사에게 전화를 해야 하나요?

아기가 피렇게 되거나 호흡에 문제가 있는 경우 **911**에 연락하십시오.

다음의 경우 아기 의사에게 **연락하십시오**.

- 몇 시간 동안 계속 울거나 더 짜증을 부리고 달래도 울음을 그치지 않을 때
- 2개월 이상의 아기는 겨드랑이에서 또는 2개월 미만의 아기는 직장으로 체온을 재어 열이 섭씨 37.8도(화씨 100.4도)가 넘을 때
- 눈에서 자주 분비물이 나올 때
- 숨 쉬기가 힘들 때
- 피부가 노래지거나 발진이 더 심해질 때
- 배꼽이나 포경 수술 부위가 나오면서 빨개지거나 분비물이 배출되거나 이상한 냄새가 날 때
- 모유 수유가 줄거나 8시간 이상 동안 분유를 먹는 양이 줄 때
- 초록색 구토물 또는 두 번의 수유 후 연속으로 구토할 때
- 깨우기 힘들 때
- 24시간 동안 기저귀를 적시는 횟수가 6-8회 이하일 때
- 대변에 변화가 있을 때, 변비 또는 설사가 있을 때
- 기침이 멈추지 않을 때, 특히 발진이 있을 때
- 근육 조절을 잘 못하거나, 잡았을 때 아기가 흐느적거릴 때
- 발작을 일으킬 때

If you have any concerns about your baby's health, call your baby's doctor, family doctor or health clinic. Never be shy about calling the doctor's office. Often talking to your baby's doctor or nurse will help you decide if your baby needs medical care. When you call the doctor, have written down:

- What is wrong with your baby and when the signs started
- Your baby's temperature
- Any allergies your baby has to food, medicine or environment
- The name and phone number of your pharmacy

Keep a paper and pen nearby to write down the doctor's instructions.

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만약 아기의 건강에 대한 걱정이 있는 경우 아기의 의사, 주치의 또는 클리닉에 전화하십시오. 의사 진료소에 전화하는 것을 창피해하지 마십시오. 아기의 의사 또는 간호사와 연락하는 것은 아기가 의료 진단이 필요한지를 결정하는 데 도움이 될 것입니다. 의사에게 전화하기 전, 다음 사항을 적으십시오.

- 아픈 곳과 증상이 나타난 시점
- 체온
- 음식, 약 또는 환경에 대한 알러지 반응
- 약국 이름과 전화 번호

의사의 지시를 적을 수 있는 종이와 볼펜을 가까운 곳에 두십시오.

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